

MENU

DAYS	BREAKFAST	LUNCH	DINNER
SUNDAY	IDLI, SAMBHAR CHATNI (MAXIMUN- 4 PC.)	VEG PULLAV/JEERA RICE, DALFRY. NON-VEG/CHICKEN KARI, VEG-PANEER MASALA/VEG KOFTA	DALFRY(RAHARDAL), ALOO GREEN BHUJIYA, ROTI OR MATAR MUSHRUM, (ROTI-4 PC MAX)
MONDAY	BESAN PARATHA/METHI PARATHA, IMLI CHATNI (MAXIMUM- 3 PC.)	RICE, DALFRY, SABJEE (ANY GREEN, BHUJIYA	VEG KOFTA/ MANCHURIAN/ ALOO PHOOL, GOBHI MATAR SABJEE (ANY GREEN VEG), ROTI (MAX ROTI-4 PC)
TUESDAY	ALOO DUM, PARATHA (MAXIMUM- 3 PC)	RICE, DAL, ALOO SAYABEAN, SABJEE, BEGAN/ALOO TAMATAR BHARTA	KACHAURI/ROTI, CHOLE MASALA/ ALOO CHANA SABJEE, ACHAR
WEDNESDAY	ALOO BHUJIYA/GREEN BHUJIYA, ROTI/ PARATHA (MAXIMUM- 3 PC.)	RICE, DALFRY, EGG KARI/MIX VEG/ PANEER MASALA	ALLO PHOOL GOBHI MATAR/ALOO PARWAL MASALA/ ALOO KATHAL MASALA, ROTI (MAXIMUM- 4 PC)
THURSDAY	ALOO PARATHA, CHATNI/SAUCE (MAXIMUM – 3 PC)	RICE, RAJMA MASALA, DALFRY, SALAD OR PAKORI KARI, ALOO BHUJIYA	TADKAFRY, KHEER, SEWAI, ROTI (MAXIMUM ROTI -4 PC)
FRIDAY	ALOO CHANA SABJEE, PURI (MAXIMUM – 4 PC)	RICE, DALFRY, MIXVEG/ ANY GREEN VEG (VEG PULLAV, CHANA DALFRY, RAITA, SALAD ONCE IN A MONTH)	ANY GREEN VEG SEASONAL/ MIXVEG, ROTI (MAXIMUM ROTI 4 PC)
SATURDAY	SATTU PARATHA, IMLI, CHATNI/SAUCE (MAXIMUM -3 PC)	KHICHIDI, CHOKHA, AACHAR, PAPAD, SALAD	PANEER MASALA/MATAR PANEER, ROTI (MAXIMUM ROTI – 4 PC)